



ASSESSMENT OF THE CONCENTRATION OF CHEMICAL ELEMENTS AND WATER QUALITY INDEX OF SHALLOW GROUNDWATER IN PARTS OF MANGU AREA, NORTH CENTRAL NIGERIA

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ABSTRACT

The study area Mangu and environs in Central Plateau State, is defined by latitudes $9^{\circ}.28'$ to $9^{\circ}.36'$ and longitudes $8^{\circ}.51'$ to $8^{\circ}.57'$. The inhabitants of the area depend mostly on groundwater from hand dug wells and boreholes (hand pumps) for most domestic and small-scale irrigation activities. These groundwater sources are located close to pollution point sources which may serve as threat to their quality. The aim of the study was to determine concentration and water quality indices of groundwater sources in the area. Twenty groundwater samples were collected in the dry season from shallow sources used for drinking and other uses. Physical parameters – pH, TDS, conductivity, and temperature) – were determined in the field with the HACH KITS. Major and trace elements were determined with the use of Inductively Coupled Plasma Optical Emission Spectrophotometer and anions (HCO_3 , Cl and NO_3) by titration methods, while SO_4 was determined using double UV-visible spectrophotometer (Hitachi model 2000). Concentration of physical parameters and major elements vary for the different sources but are higher for most of the shallow groundwater sources within the Mangu Central Area, where the population is dense and human activities are high. The trace elements are, however, generally low for all sources. Gibbs plot indicates the source of elements in the water to be dominantly from rock weathering dominance. Factor analysis and water types suggest sources of elements to be from both rock-water interaction and anthropogenic activities. The contribution of anthropogenic activities is confirmed by the high concentration of chloride, nitrate, and sulphate. Effluent discharges from the Mangu Abattoir, septic tanks and pit latrines and indiscriminate disposal of solid wastes, could be responsible for the high concentrations. The Water Quality Index ranged from 7.36 - 66.55 and classified the water as 30% excellent, 50% good, 15% poor and 5% unsuitable for drinking. The waters are generally hard and not suitable for laundry purpose but may be beneficial for optimal function of the heart. This work recommends the determination of bacteriological content of the waters, owing to the high content of nitrate, chloride, and sulphate in some of the sources.

KEYWORDS: Hach Kits, Indiscriminate disposal, Inductively Coupled Plasma Optical Emission Spectrophotometer.

INTRODUCTION

Access to safe sources, sufficient water and sanitation is a basic human need and is essential to human wellbeing (UN, 2006); but presently, billions of people around the world continue to suffer from poor access to water, sanitation and hygiene (UNICEF/WHO, 2019).

Good quality groundwater is important to the national economy development and the environment of any society, where it is mostly used as a source of drinking water as well as for agriculture, and industries. Natural groundwater is never chemically pure, as minerals, organic solids and gases are found dissolved in it to some extent (Fetter, 2007).

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Because it is underground and out of sight, various chemical species infiltrate the ground through leaching from waste dumps, chemical fertilizers, and septic systems (Schwartz and Zhang, 2002). Once leachates enter groundwater, they can be difficult to detect by taste or smell, and difficult to remove. Species in groundwater occur either in ionic or uncharged (un-ionic) molecular forms (Garrel and Christ, 1965). Groundwater charged with carbon dioxide may dissolve some minerals and incorporate chemical elements in them. Dissolved constituents in groundwater are classified according to relative abundance (concentration) as major, minor and trace constituents. Mangu and environs depend mostly on groundwater from hand-dug wells and boreholes for most domestic and small-scale irrigation activities. These groundwater sources are located close to point sources of contamination, dominated by pit latrines, abattoir effluent and septic tanks. The aim of the study is to access the concentration of chemical elements and the water quality index of Mangu area.

Description of the study area

The study area is located within the basement complex of North Central Nigeria. It lies approximately between latitudes $9^{\circ}28'11''$ and $9^{\circ}36'11''$ and longitudes $8^{\circ}51'11''$ and $8^{\circ}57'11''$, with a total surface area of approximately 24 km^2 . Settlement villages that make up the study area include; Shidyel, Jwakras, Angwan Sarki, Gindiri Road, Kwata, Quarter-one, Gindiri Junction, Angwan Mata, Derkon, Rampiya, Angwan Mission, Dawo, Federal Low-cost, amongst others (Fig 1), all in Mangu town of Mangu Local Government Area of Plateau State. Two major rock types characterized the study area: porphyritic biotite granite and fine-grained biotite granite (Fig 1c). Minor intrusions of dolerite and aplittic dykes are also common within the two rocks. Groundwater is mostly obtained in the weathered overburden and fractures within these rocks (Schoeneich and Garba 2004). Wells are mostly full, almost reaching to the surface at the peak of the rainy season from July to August and lowest at the peak of the dry season from March to April. Inhabitants of the area obtain water from individual hand-dug wells and bore holes provided by the Government and Non-Governmental Organizations.

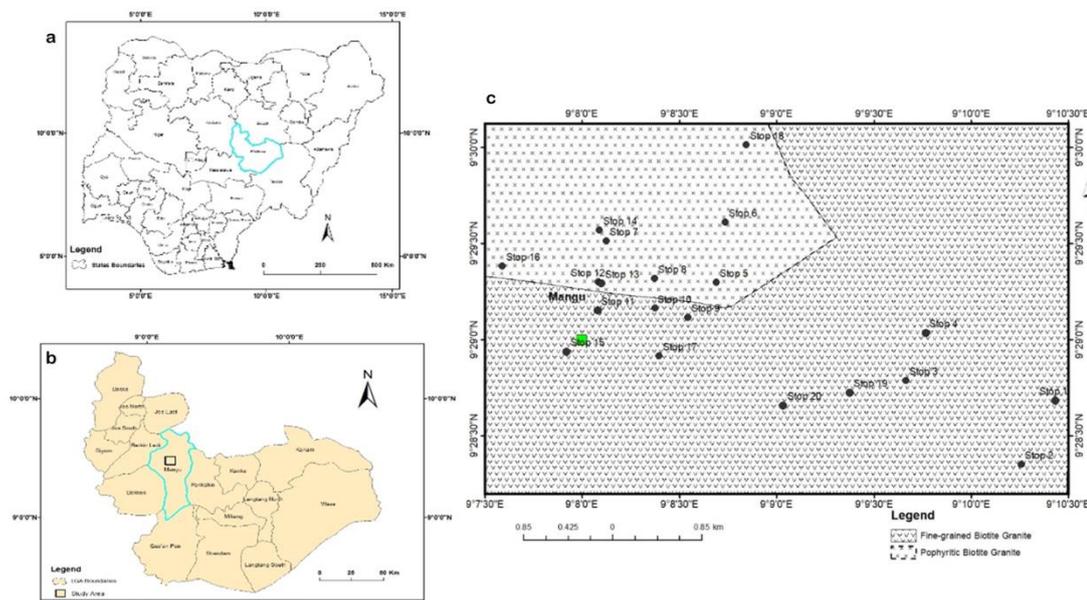


Figure 1(a-c). Geological Map of the Study Area

METHODOLOGY

The method employed in this work was based on description of field sampling of groundwater (Freeze and Cherry, 1979). Shallow groundwater samples (hand-dug wells and bore holes) were collected from twenty (20) locations in Mangu town and environs (Fig 1c). The sample bottles were first washed with distilled water and 1% HNO_3 and rinsed again with distilled water and allowed to dry in oven at 25°C for 24 hours. At each location the bottles were rinsed with the sampled water before collection. Two (2) water samples were collected in a 250 ml capacity plastic bottle, one for cations analysis and the other for

anions. The one for cations analysis was acidified with 2 drops of nitric acid (HNO_3) to avoid bacterial growth and to keep the ions in solution. The water samples from hand-dug wells were collected using a plastic bucket tied to a rope (Davies, 1994). A meter tape was used to determine the depth to water level in hand dug wells only. Field parameters (pH, temperature and conductivity) were determined using the HACH pH/temperature meter. This was done by dipping the meter into the sampling container (bucket) immediately after collection and the reading was taken after few (1 -2) minutes when the value stabilized.

Sample Preparation and Laboratory Analysis

Two drops of concentrated nitric acid was added to each sample prevent any absorption and precipitation of some ions in the samples collected. The bottles containing all the water samples were wrapped and sealed with a masking tape.

The Inductively Coupled Plasma Optical Emission Spectrophotometer was used to analyse major cations and trace elements. The un-acidified water samples were analysed at the University of Jos,

Department of Geology for chloride, bicarbonate, and nitrate using titrimetric method with the HACH Kits, while sulphate was determined using double UV-visible spectrophotometer (Hitachi model 2000)

Determination of Water Quality Index (Wqi) in the Study Area

Water Quality Index values were calculated based on the index proposed by Horton, (1965) and Brown *et al.*, (2004). In this index, ten (10) parameters were used. They are pH, HCO₃, Mg, K, SO₄, Ca, Na, TDS (Total Dissolved Solids), EC (Electrical Conductivity) and Cl. Water Quality Index is computed following the three steps:

1. Assigning weight (w_i) to the selected water parameters according to their relative importance in the overall quality of water for drinking purposes (weight may be from 1-5)
2. Computation of relative weight (W_i) of the chemical parameters using the following equations (1 – 4)

$$W_i = w_i / \sum w_i \text{ (} i = 1 \text{ to } n \text{)} \text{ ----- (1)}$$
3. Assigning of the quality rating scale (q_i) for each parameter, as below:

$$Q_i = (C_i / S_i) * 100 \text{ ----- (2)}$$

where q_i is the quality rating, C_i is the concentration of each chemical parameter in each water sample in mg/l, and S_i is the guideline value as giving by WHO (2011).

For computation of WQI, the sub index (S_i) is first determined for each chemical parameter, as given below:

$$S_{li} = W_i * q_i \text{ ----- (3)}$$

$$WQI = \sum S_{li} / 1 - n \text{ ----- (4)}$$

RESULTS AND DISCUSSION**Concentration and Distribution of Major Elements and other Water Quality Indices in the Study Area**

The physico-chemical parameters of water samples collected from hand-dug wells and boreholes in the study area are presented in Table 1.

The distribution of these parameters is shown in Figures (3- 10). The static water levels measured in the study area had depths ranging from 3.4 to 14.0 m in the hand-dug wells. The pH of water samples ranged from 5.71 to 8.24, indicating slightly acidic – alkaline waters. Total dissolved solids (TDS) in the area ranged from 32 – 723 mg/l, Quarter-one (Stop 8), having the highest value of 723 mg/l (Fig 3). The Electrical Conductivity of water in the study area ranged from 57 to 1032.9 us/cm and temperature ranged from 24.2-34.1 °C. Temperature of waters reflect the ambient temperature of the area at the time of sampling. Calcium concentration in water samples

of the area ranged between 4.19 and 150.03 mg/l, with Quarter-one (Stop 8) (Fig 4) having the highest calcium concentration of 150.03 mg/l. Magnesium concentration ranged from 0.91 – 40.32 mg/l, Kwata (Stop 7) has the highest magnesium concentration. Sodium concentration in the study area ranges between 6.71 and 214.26 mg/l. Quarter-one (Stop 8) has the highest concentration as 214.26 mg/l. Potassium concentration ranged from 0.60 – 40.27 mg/l. Bicarbonates in groundwater of the study area ranged from 30 -150 mg/l, the highest value was recorded in Na'atika Garden (Stop 1). Sulphate concentration in groundwater ranged from 3.25 -27.5 mg/l; Na'atika Garden (Stop 1) has the highest sulphate concentration of 27.5 mg/l. Chloride concentration in water samples of the area ranges between 5.00 and 315.00 mg/l; w2w Quarter-one (Stop 8) having the highest value of 315.0 mg/l

Table 1: Physico – chemical parameters in waters of the study area

SSymbol	UUnit	SStop 1 Naatika Garden Bungha	SStop 2 Anointed Drink Bungha	SStop 3 Gyaghat	SStop 4 GSS Mangu	SStop 5 Angwan Sarki	SStop 6 Al Zira oil	SStop 7 Kwata	SStop 8 Quarter- One	SStop 9 Good Morning Market	SStop 10 Mwaghavul Community Bank	SStop 11 Angwan Mata	SStop 12 Mishkagham Mangu Palace	SStop 13 MMishkagha m Palace	SStop 14 Derkon_ Angwan Mata	SStop 15 Rampiya	SStop 16 INEC Office	SStop 17 Angwan Mission	SStop 18 Allah Na Kowa Hospital	SStop 19 Pobest Drill Bungha	SStop 20 Widow hood Centre
DDate		02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020	02/04/2020
LLongitude		9°10'26"	9°10'15.5"	9°9'40.4"	9°9'46"	9°8'41.4"	9°8'44.2"	9°8'7.5"	9°8'22.4"	9°8'32.7"	9°8'22.6"	9°8'4.8"	9°8'500"	9°8'5.9"	9°8'5.4"	9°7'55.20"	9°7'35.40"	9°8'23.80"	9°8'50.70"	9°9'22.50"	9°9'2.00"
LLatitude		9°28'4.1"	9°28'21.1"	9°28'47.3"	9°29'02"	9°29'17.8"	9°29'36.6"	9°29'30.7"	9°29'19"	9°29'6.9"	9°29'9.8"	9°29'9"	9°29'17.9"	9°29'17.5"	9°29'34.1"	9°28'56.2"	9°29'22.9"	9°28'54.9"	9°30'70"	9°28'43.40"	9°28'39.4"
TTDS	Mg/l	134.00	72.00	32.00	82.00	92.00	59.00	497.00	723.00	157.00	279.00	366.00	404.00	217.00	261.00	91.00	148.00	46.00	132.00	144.00	82.00
CConductivity	Uhm/cm	191.40	102.85	45.70	117.10	131.40	84.30	710.00	1032.90	224.30	398.60	522.90	577.10	310.00	372.90	130.00	211.40	65.70	188.60	205.70	117.10
TTempt	°C	31.1	32.1	29.3	27.1	31.10	31.10	29.90	25.30	28.30	28.50	27.20	28.40	34.10	26.30	32.00	24.20	27.30	29.10	29.40	27.50
Elevation	M	1088.00	1103.00	1128.00	1123.00	1139.00	1130.00	1125.00	1141.00	1156.00	1122.00	1139.00	1136.00	1122.00	1122.00	1149.00	1110.00	1158.00	1123.00	1135.00	1124.00
SWL	M	5.00	7.30	NA	7.00	7.00	4.60	5.80	6.90	NA	5.50	7.00	14.00	5.30	6.00	3.40	4.30	6.20	7.70	6.40	3.20
pH	None	7.51	6.64	6.3	7.64	5.80	6.22	6.22	6.34	6.52	5.71	6.88	32.00	7.31	6.60	7.11	6.58	6.27	6.71	7.95	8.24
Ca	Mg/l	25.18	15.89	1.19	27.95	15.69	15.01	130.22	150.02	37.54	54.43	104.47	113.19	48.15	67.41	13.66	43.47	7.73	30.08	32.69	19.52
Mg	Mg/l	5.52	2.77	1.13	0.91	3.18	3.73	40.32	23.69	4.81	8.09	29.26	31.64	18.99	22.71	4.45	4.67	1.16	12.72	13.41	6.08
Na	Mg/l	50.16	14.21	6.71	5.56	21.49	10.02	81.96	214.26	24.77	69.73	48.79	47.68	10.13	24.11	25.33	29.00	7.76	11.31	17.50	10.03
K	Mg/l	2.12	46.06	3.69	10.81	6.46	2.98	10.75	40.27	3.81	8.96	3.88	3.87	2.01	3.06	3.10	0.60	6.47	2.99	4.54	2.55
HCO ₃	Mg/l	120.00	50.00	35.00	64.00	30.00	65.00	95.00	65.00	35.00	35.00	150.00	55.00	115.00	80.00	45.00	90.00	50.00	95.00	100.00	90.00
SO ₄	Mg/l	27.50	4.00	3.25	5.50	3.50	3.40	23.50	15.20	4.00	5.00	23.00	23.25	7.52	2.25	54.00	6.75	3.90	3.80	3.52	4.00
Cl	Mg/l	10.00	25.00	10.00	10.00	10.00	25.00	5.00	205.00	315.00	110.00	95.00	120.00	60.00	75.00	15.00	40.00	5.00	25.00	20.00	5.00

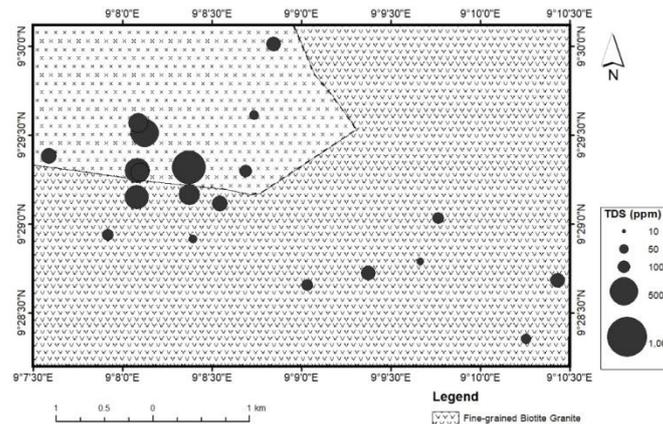


Fig. 3: Distribution of Total Dissolved Solids in the study area

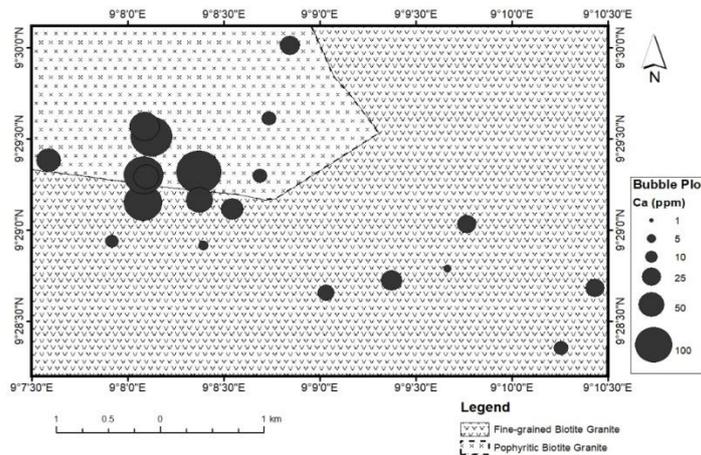


Fig. 4: Distribution of calcium in the study area.

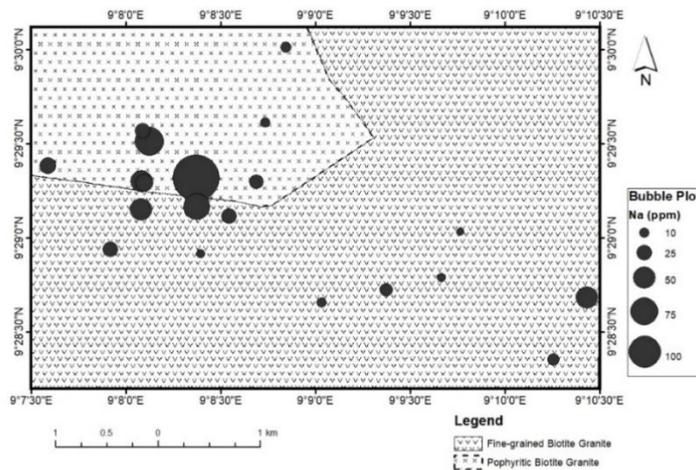


Fig. 5: Distribution of sodium in the study area

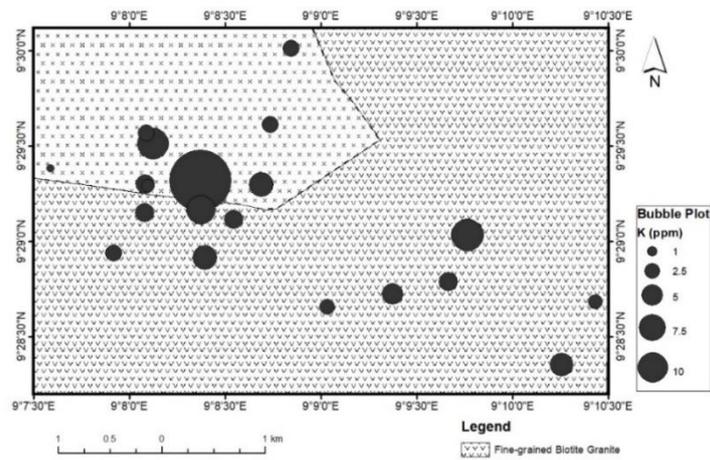


Fig 6: Distribution of potassium in the study area.

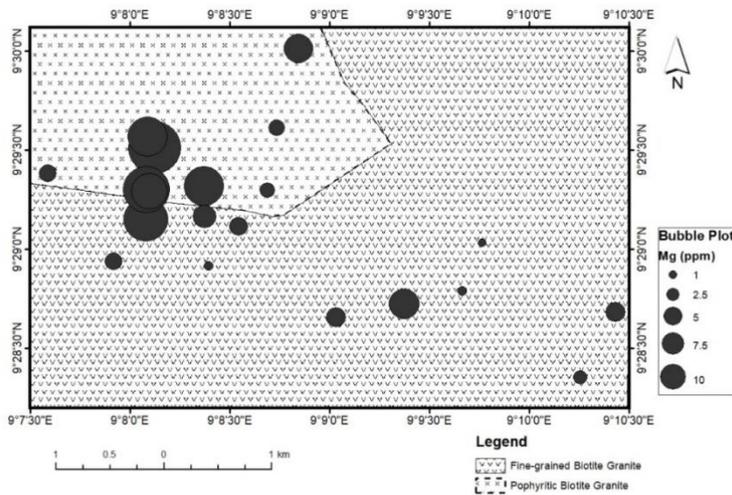


Fig 7: Distribution of Magnesium in the study area

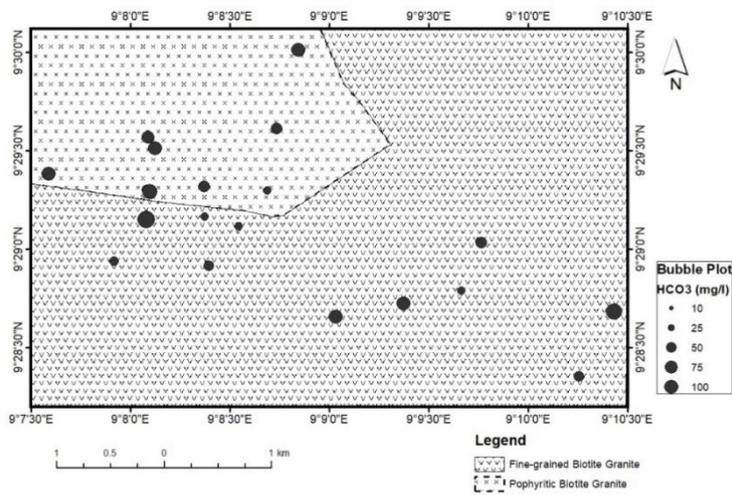


Fig. 8: Distribution of bicarbonate in the study area

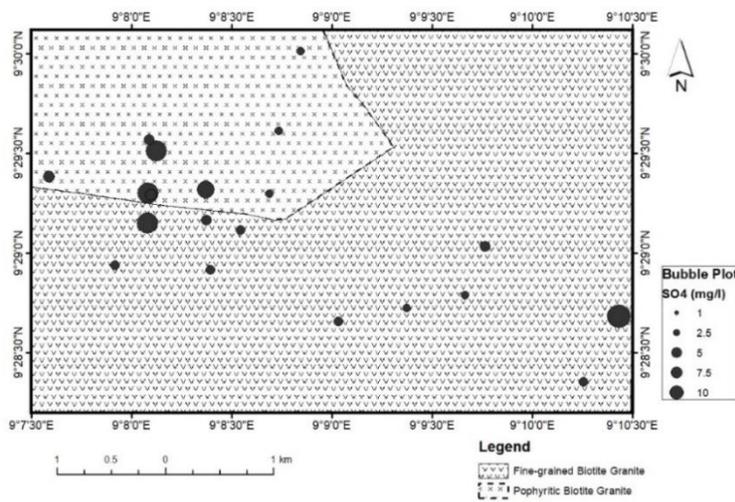


Fig 9: Distribution of sulphate in the study area

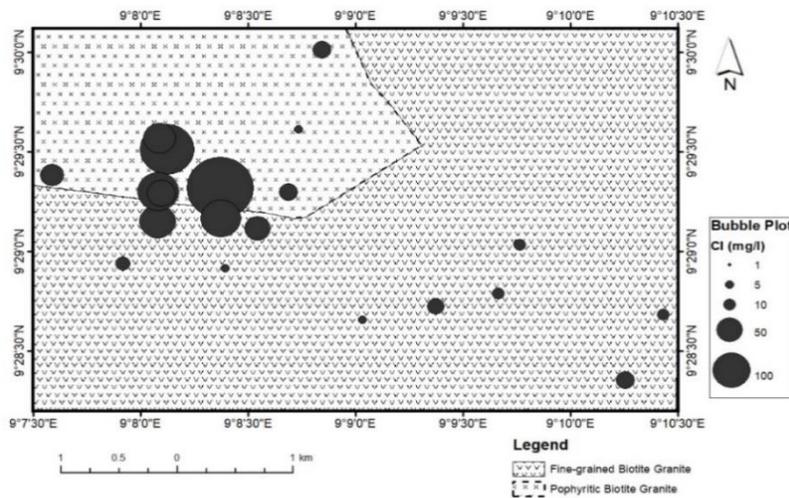


Fig 10: Distribution of chloride in the study area

Factor Analysis

To determine the control on the chemistry of waters in the hydrogeological environment and their possible sources, Principal Component Analysis (PCA) was carried out (Tables 3 and 4). The software Statistical Package for Social Sciences (SPSS) for windows was used. The interpretation of data is based on rotated factor loadings and rotated Eigen values. The extraction of factor was done with a minimum acceptable Eigen value of greater than one (1). PCA classified the factor loadings as ‘strong > 0.75, moderate 0.75-0.50’ and ‘weak 0.50-0.30,’ respectively (Liu et al, 2003).

The three components extracted summed up to 82.21% of the total variance in the water samples (Table 2). The first component accounted for 52.41% of the total variance and has strong positive loading for Ca^{2+} , Mg^{2+} , Na^+ , Cl^- , NO_3^- , TDS, and EC (Table 3). The first three ions are from the rock types, which may be coming from feldspars and magnesium from hornblendes and biotite (Lekmang, 2021). However, chloride and nitrate may be from anthropogenic activities (Townsend and Whittemore, 2005).

Table 2. Rotated Component Matrix of Physiochemical (Major and Physical Parameters) Data

Component	Initial Eigenvalues			Extraction Sums of Squared Loadings		
	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	7.338	52.418	52.418	7.338	52.418	52.418
2	2.876	20.545	72.963	2.876	20.545	72.963
3	1.295	9.253	82.215	1.295	9.253	82.215
4	.967	6.909	89.124		0.12	0.83
5	.693	4.953	94.077		0.03	0.22
6	.379	2.704	96.781			99.972
7	.334	2.388	99.169			99.994
8	.053	.380	99.549			
9	.048	.340	99.889			
10	.012	.083	99.972			
11	.003	.022	99.994			
12	.001	.006	100.000			
13	2.157E-9	1.541E-8	100.000			
14	8.582E-18	6.130E-17	100.000			

Table 3. Component matrix of the major elements and physical parameters in the study area.

	Component Matrix		
	1	2	3
Ca	.980	.087	.047
K	.698	-.395	-.492
Mg	.830	.327	.325
Na	.884	-.194	-.241
Alk	.237	.944	-.085
HCO ₃	.237	.944	-.085
Cl	.968	-.184	-.077
Nitrate	.864	-.260	.299
SO ₄	.659	.455	.094
TDS	.997	-.016	-.010
EC	.997	-.016	-.010
Temp	-.342	.108	.337
pH	-.272	.680	-.317
SiO ₂	.114	.011	.745

These ions also are responsible for the total dissolved solids in the water. The second factor constitutes 20.54% of the variance and has high positive loading for total alkalinity, and bicarbonate; and the third constitutes 9.25% of the total variance and has strong positive loading for SiO₂.

The concentration of trace elements in the waters of the Area.

These trace elements (Sr, Zn, Rb, Mn, Li, and Ba) showed substantial concentration in the waters of the area (Table 4), the rest are below detection limits. Strontium ranged from 39.45 to 1137.60 ug/l with a mean of 340.22 ug/l. The values of uranium, yttrium, antimony, lead, sodium and copper were not so significant in the waters. Vanadium ranged from 0.30 – 21.10 ug/l, with a mean of 3.15 ug/l. Zinc, barium, manganese, lithium and aluminum show some level of significance in the waters (Table 3)

Table 4. Concentration of Trace Elements in the Water Types of the Study Area in µg/l

ID	Sr	U	V	Y	Zn	Sb	Rb	Pb	Nd	Mn	Li	Cu	Ce	Br	Ba
Stop1	174.56	0.26	<0.20	<0.01	<0.50	0.23	2.57	<0.20	<0.01	1.70	52.3	0.20	<0.01	8	22.34
Stop2	63.34	0.21	0.30	0.99	6.10	0.88	30.96	3.50	1.53	74.67	2.00	0.60	0.45	14	139.79
Stop3	39.45	0.07	0.50	0.02	5.70	0.80	2.95	1.30	0.02	0.85	10.30	9.60	0.04	<5	80.64
Stop4	130.77	0.55	0.60	0.18	3.60	1.89	37.89	<0.2	0.27	33.01	0.60	0.40	0.23	<5	114.46
Stop5	205.48	0.12	<0.20	0.17	5.50	1.25	7.16	0.30	0.08	2.06	6.40	5.00	0.10	23	641.50
Stop6	185.88	0.03	3.10	0.02	4.20	1.67	0.59	<0.2	0.02	0.77	6.80	0.30	0.05	<5	158.16
Stop7	798.98	2.10	2.30	0.46	17.60	3.20	4.35	0.60	0.09	2.85	26.40	1.50	0.13	189	335.50
Stop8	1137.6	0.18	3.20	0.23	52.60	3.23	22.83	0.50	0.28	98.81	18.00	0.90	0.70	168	252.47
Stop9	313.61	0.75	0.60	0.09	27.70	3.17	2.10	1.10	0.07	2.72	9.50	4.90	0.13	37	250.90
Stop10	414.03	0.59	1.10	0.57	14.20	1.64	13.16	0.30	0.55	13.73	14.20	1.30	0.26	78	675.06
Stop11	668.36	2.95	4.00	0.06	5.60	2.87	0.69	<0.2	<0.01	0.28	13.30	0.40	<0.01	83	114.98
Stop12	833.05	0.06	2.10	0.20	136.30	1.67	2.07	1.00	0.29	9.94	17.00	1.50	0.91	143	256.08
Stop13	232.99	7.28	1.60	0.05	8.60	1.86	1.31	<0.2	0.02	7.69	30.30	0.30	<0.01	74	26.15
Stop14	444.23	0.38	1.00	0.60	10.10	1.64	4.16	0.80	0.71	6.29	12.10	0.60	0.67	99	257.21
Stop15	115.56	0.19	0.80	0.15	15.70	3.38	2.77	3.00	0.08	0.83	13.90	2.10	0.11	20	93.67
Stop16	191.71	0.14	0.4	0.15	4.2	2.31	3.55	<0.2	0.16	42.39	5.40	0.50	0.42	45	162.51
Stop17	54.81	0.42	<0.2	0.11	5.5	2.87	0.96	0.6	0.18	1.10	8.00	1.50	0.23	<5	73.70
Stop18	255.56	0.02	4.6	0.02	11.2	2.51	0.7	<0.2	<0.01	1.34	6.70	2.20	<0.01	89	113.29
Stop19	298.09	<0.02	21.1	1.1	6.5	3.91	0.29	3.1	0.03	0.48	8.90	2.20	0.04	150	82.41
Stop20	246.49	0.04	6.4	0.02	13.2	3.01	0.45	4.4	0.01	8.33	6.30	13.10	0.04	<5	151.06

The Piper Trilinear Diagram (Fig. 11) is made of two triangles, one for plotting cations and the other for anions. The water types are deduced based on the diagram segmented by Back and Henshaw (1997).

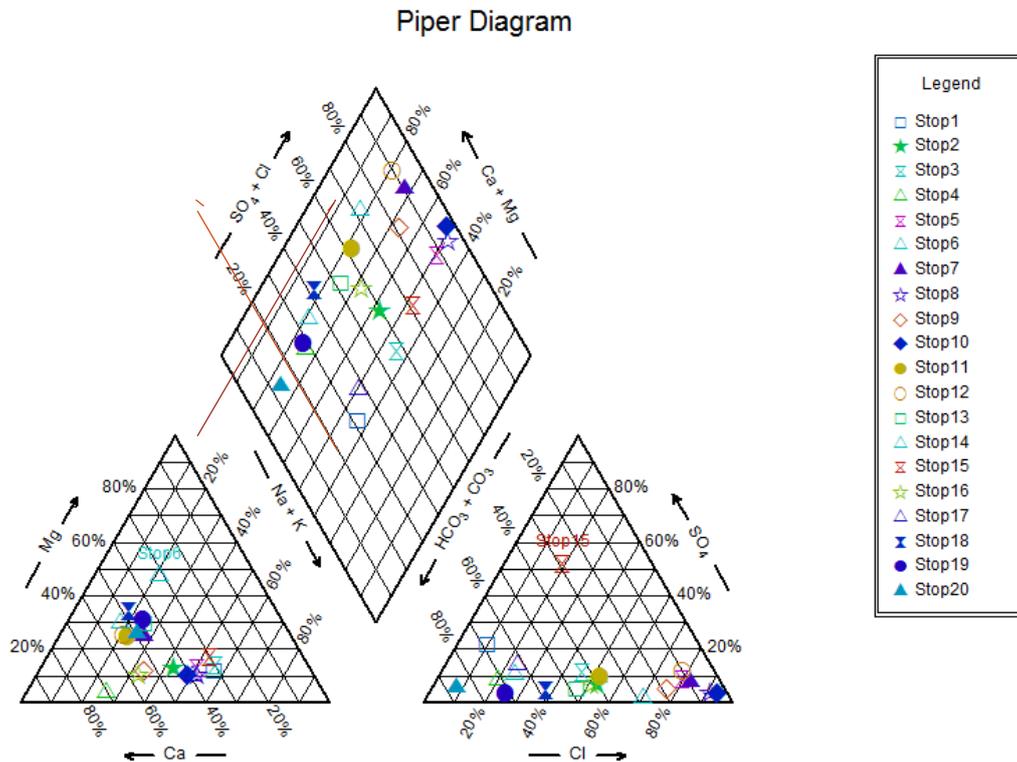


Fig 11: Piper Diagram of water types for all locations

Detailed compositions of the waters from the piper diagrams (Fig. 11) shows that the water types are predominantly $(\text{Na}^+ - \text{Cl}^- - \text{HCO}_3^- - \text{SO}_4^{2-})$ and $(\text{Ca}^{2+} - \text{Cl}^- - \text{HCO}_3^- \text{SO}_4^{2-})$ water. Since sulphide and chloride mineralization have not been reported in the environment, the presence of chloride and sulphate may be the contribution of anthropogenic activities (Townsend and Whiteman, 2005).

Gibbs Plot of the Water Samples in the Study Area

Gibbs plots are the graphs of ratio of cations $[(\text{Na}^+ + \text{K}^+) / (\text{Na}^+ + \text{K}^+ + \text{Ca}^{2+})]$ and anions $[\text{Cl}^- / (\text{Cl}^- + \text{HCO}_3^-)]$ against TDS. The plot is used to determine possible sources of elements in the waters. Gibbs (1970) proposed two diagrams to understand the hydrogeochemical procedures with reference to atmospheric precipitation, rock–water interaction, and evaporation over the administration of the geochemistry of groundwater. From the plots, all the samples of the study region fall within rock weathering dominance (Figs. 12 and 13).

Water Quality Index (WQI) Water quality index is a central parameter for finding out groundwater excellence and its aptness for human consumption (Mishra and Patel, 2001; Avvannavar and Shrihari, 2008)

WQI describes a method of ranking that gives the combined control of major water quality parameters on the whole excellence of water for human utilization (Singh et al., 2004; Singh et al., 2016). The standards for human consumption as suggested by WHO (1997) have been taken for the estimation of WQI. WQI standards are divided into five categories by Brown *et al.* (1972): Excellent (0-25), Good (26-50), Poor (51-75), Very Poor (76-100) and Unsuitable for drinking (>100).

The result of the WQI for samples from the study area is presented in Table 5. The WQI ranged from 7.36 - 66.55. Statistically, 30% of the water samples are excellent, 50% are good, 15% are poor and 5% are rated unsuitable for drinking (Table 5).

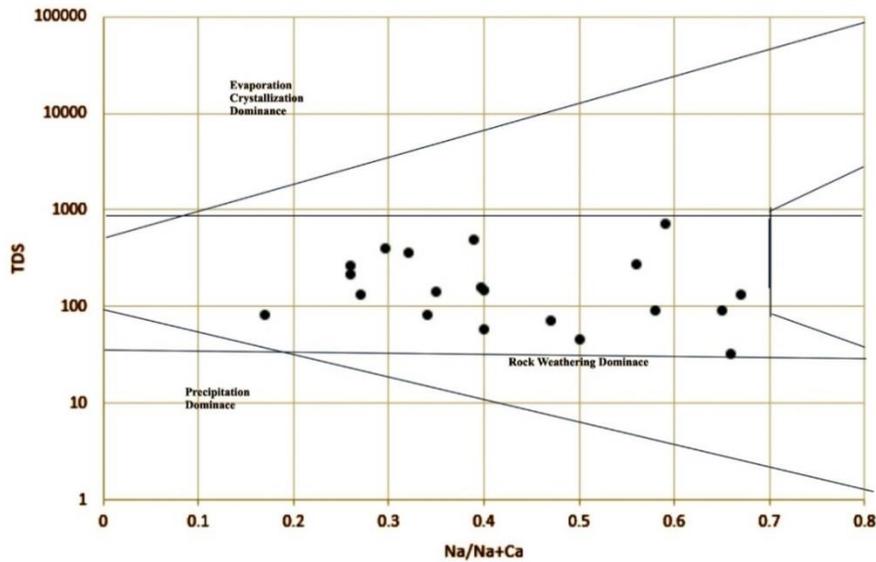


Fig 12: Gibbs Plot of cations vs TDS showing rock weathering dominance as the major contributor of elements in the waters

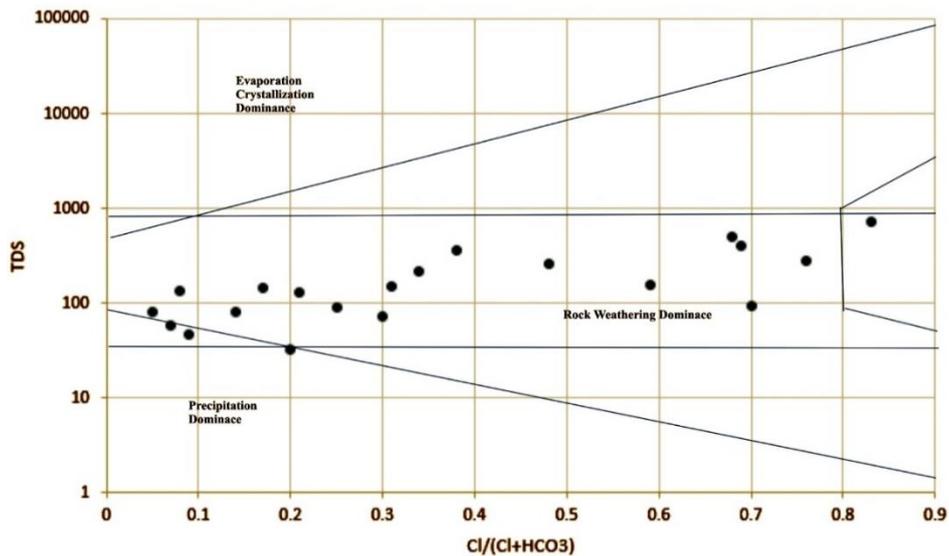


Fig 13: Gibbs Plot of anions vs TDS showing rock weathering dominance as the major contributor of elements in the waters

Concentration and Sources of the Elements in the Waters

Compositions of groundwater are determined by various factors such as natural and anthropogenic (Nelson, 2002). Major natural factors that control groundwater composition include rock type, residence time and the chemical state of groundwater (Schwartz and Zhang, 2002). From this study, the Gibbs plot point to rock–water interaction as the main contributor to the composition of water in the area. However, the factor analysis, apart from indicating that the composition of the waters, is from the rock types, the high concentration of Cl⁻ and NO₃⁻ in the waters indicate a contribution from anthropogenic activities.

The water types in the study area, which are predominantly Ca-HCO₃ – Cl – SO₄ and Na-HCO₃ – Cl – SO₄ confirm both the rock types and anthropogenic activities as sources of elements in the waters. Sources of chloride, nitrate and sulphate may be from septic tanks, pit latrines and indiscriminate disposal of solid wastes within the communities. They are especially high in the central area around the Kwata (Stop 7) and Quarter-One (Stop 8), located close to the market area and the Mangu abattoir, which must have influenced the compositions of these ions in the waters owing to large human activities that take place in the area

Table 5: Water Quality Index of Water Samples in the Study Area

ID	WQI	Remarks
Stop 1 Naatika garden Bungaha	26.57	Good
Stop 2 Anointed Drink Bungaha	35.75	Good
Stop 3 Gyaghat	33.35	Good
Stop 4 GSS Mangu	29.29	Good
Stop 5 Angwan Sarki	58.05	Poor
Stop 6 Al Zira oil (Gindiri road)	7.32	Excellent
Stop 7 Kwata (Mangu market)	66.55	Poor
Stop 8 Quarter-One	126.55	Unsuitable
Stop 9 Good morning market	29.65	Excellent
Stop 10 Mwaghavul Community Bank	36.23	Good
Stop 11 Angwan Mata	25.39	Excellent
Stop 12 Mishkagham Mangu Palace	46	Good
Stop 13 Mishkagham Kam Palace	22.09	Excellent
Stop 14 Derkon Angwan Mata	22.09	Excellent
Stop 15 Rampiya	12.67	Excellent
Stop 16 INEC Office	22.08	Excellent
Stop 17 Angwan Mission	40.35	Good
Stop 18 Allah Na kowa Hospital	20.33	Excellent
Stop 19 Pobest Drill (Opposite Hariz Petroleum)	47.26	Good
Stop 20 Widowhood Centre	52.67	Poor

Water Quality (Domestic Use)

Individual water quality parameter compares well with the WHO (2011) and the Nigerian Standard for Drinking Water Quality (NSDWQ, 2010) except for areas whose water pH fall below the 6.5 lower limits recommended by both the WHO (2004) and the NSDWQ (2010). The calculated water quality index generally indicated good water quality for drinking, except for three areas: locations 5, 7 and 20, which are classified as poor. Trace elements in the study area generally occur in concentration below their WHO (2011) permissible limits. Hence, they do not pose any threat to human health. However, based on Sawyer and McCarty's (1967) classification, the hardness of the water in the study area ranges from 15.07- 489.92 mg/l, with the following percentages: 35% slightly hard water, 20% very hard water, 30% moderately hard water and 10% hard water and 5% as soft. Samples from Kwata (Stop 7), Quarter-One (Stop 8), Mwaghavul Community Bank (Stop 10), Angwan Mata (Stop 11), Mishkagham Mangu Palace (Stop 12), Mishkagham Kam Palace (Stop 13) and Derkon (Stop 14) are not suitable for laundry, due to their high degree of hardness. Calcium and magnesium are the two critical elements responsible for the hardness of water (Todd, 1980). Their effects on health have been studied in different parts of the world (Kozisek, 2012; Wajtaszek and Pieniak, 2012) and it is reported that inadequate intake of calcium and magnesium in water may increase the risk of developing cardiovascular diseases, cancer, and diabetes (WHO, 2009). The protective effect of magnesium in drinking water on decreasing the incidence of Type 2 diabetes among young adults has been confirmed by (Kousa *et al.*, 2012). Although hypertension is multifactorial in origin, adequate

calcium intake has been associated with lowered risk of elevated blood pressure in some studies. From this study, therefore, the inhabitants of the study area may be protected from certain cardiovascular diseases owing to the hard nature of their water. This study, however, differs from an earlier one carried out (Dibal *et al.*, 2018), which indicated low intake of both calcium and magnesium in the drinking water of the Central Plateau, of which the study area falls.

CONCLUSION

The concentration of elements and water quality index in the Mangu area have been studied. Results of Physico-chemical analysis of groundwater samples from the area showed that chemical parameters differ for individual sources. Concentration of the elements is higher in the Mangu central area than those sources that at the outskirts of the town. This may imply that human activities, which could have led to the increase of some of the elements, are limited in the areas at the outskirts, Gibbs plots indicates the concentration of elements in the waters to be mainly from the weathering of rocks that constitute the study area, while factor analysis and derived water types from modified Piper Diagram indicate weathering of rocks and anthropogenic activities as contributors of chemical elements in the waters. The Mangu area, which showed a high concentration of nitrate, sulphate and chloride, could be attributed to the central abattoir which discharges its effluent waters indiscriminately, septic tanks, pit latrines and surface disposal of solid wastes. These are responsible for the calculated water quality index ranges from 7.36 - 66.55 and is classified as 30% - excellent includes; Stops 6 (Al Zira oil Gindiri road), Stop 13 (Mishkagham Kam Palace),

Stop 14 (Derkon Angwan Mata), Stop 15 Rampiya, Stop 16 (INEC Office), and Stop 18. 50% as good includes; Stop 1 (Naatika garden Bungaha), Stop 2 (Anointed Drink Bungaha), Stop 3 (Gyaghat), Stop 4 (GSS Mangu), Stop 9 (Good morning market), Stop 10 (Mwaghavul Community Bank), Stop 11 (Angwan Mata), Stop 12 (Mishkagham Mangu Palace), Stop 17 (Angwan Mission), Stop 19 (Pobest Drill, Opposite Hariz Petroleum)). 15% as poor includes; Stop 5 (Angwan Sarki), Stop 7 Kwata (Mangu market), Stop 20 (Widowhood Centre). The least is 5% and is rated unsuitable for drinking (Stop 8) Quarter-One. The waters of the study area are generally hard and are not suitable for laundry use, but inhabitants may be benefiting from the protective use of hard water against some cardiovascular diseases as indicated by several studies in different parts of the world.

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